

# **Sexual Violence Advice Service**

***Have you experienced  
Sexual Abuse / Rape?***

**Don't suffer in Silence**

**You are not alone**

**We believe you**

**We will support you**



**Support with the Criminal Justice System**

**Civil Remedies**

**Practical Support**

**Emotional Support**

**Safety Planning**

**Phone: 020 32607772 / 7715**

**Mobile: 07528005004 - (9am to 4pm)**

**Email: [caroline@hercentre.org](mailto:caroline@hercentre.org) / [julie@hercentre.org](mailto:julie@hercentre.org)**

**[www.hercentre.org](http://www.hercentre.org)**



**Registered Charity Number: 1070755**