## HER CENTRE



## "To engage, enable and empower women to move away from abuse and to move forward with their lives"

#### **About Her Centre**

Her Centre provides free and confidential advocacy, counselling, outreach, advice and training to women in Greenwich. For more information about Her Centre services, please visit our website at <a href="https://www.hercentre.org">www.hercentre.org</a> or call us on **0203 260 7715**.



HER Centre offers free weekly English language classes for Non-English speaking women. New session commenced on **Tuesday 6<sup>th</sup> June 2017 for 12 weeks**.

For more information and to register, contact Her Centre on: 0203 260 7715 or email info@hercentre.org

## Consent and social media

How are young people affected?

Speaker: Her Centre, Met Police

Workshop by: Little Fish

Thursday 29<sup>th</sup> June 11am-2pm

**Venue:** Town Hall wellington street, Woolwich SE18 6PW RSVP to *navie@hercentre.org* or call **0203 260 7715** 



## HER CENTRE - 20<sup>TH</sup> ANNIVERSARY YEAR!!!!!!!

Please join us to celebrate 20 years of working with women .... 14<sup>th</sup> Sept, Venue -Town Hall (From 5 to 8pm)



# Weekly One Stop Shop for women experiencing abuse

Her Centre runs a weekly one-to-one drop-in offering practical, emotional and legal support to women affected by abuse.

The service is free and confidential with advisors from Her Centre, Housing 4 Women and solicitor Angela Simpson from Hudgell & Partners.

Every Friday,10am to 12pm @YMCA Thames Gateway Antelope Road Woolwich, SE18 5PQ.

Alternatively, please call us on **0203 260 7772** to make an appointment for advice

## Free help with family law applications

Our volunteering service offers clients free and confidential help and support with drafting court applications and statements especially in **Domestic Violence**.

The help concerns **Non-Molestation Orders** (to prevent one person and/or a child from being harmed or threatened by another), **Occupation Orders** (which decides who can live in the family home or enter the surrounding area) and **Divorce Petitions** (initial form filling only).

On occasion, where possible the volunteers can accompany clients to court.

This is not legal advice, and disclaimers must be completed

For more information, please contact: Tel: 020 3260 7715 Email: info@hercentre.org

Registered Charity Number: 1070755

## **Interview with Her Centre Service User:**

 How did you hear about the Her Centre and how did you find our service?

"I was referred via Women's trust. I find that the service I have received is brilliant and simply life changing"

 Can you tell us about the support you received and how it has helped you?

"The support I received saved my life. I came through the IDVA service, participated in group counselling and I am also on the steering panel. Her Centre's help has given me my voice back and has kept me away from abusive relationships."

• In your opinion is there any other support we could have given?

"No not really because I have had after care and the support has continued even though I am no longer in an abusive relationship".

 Are you able to share with us the challenges that women in the same situation as you face?

"Terrified, Isolated, very poor no support and before I came to Her Centre had no voice or power."

 Would you refer our services to other people who may need similar support?

"Absolutely and whole heartedly I would."

## Bexley DSV - Project

(DSV - Domestic & Sexual Violence)

"Tackling CSE- what we can do to stop it"

(CSE – Child Sexual Exploitation)

Wednesday 12 July 2017 Time: 2 - 5pm Venue: Bexley Civic Centre

## Her Centre are organising a day trip to.....

### **Broadstairs Beach on**

Monday 31st July 2017 - The Meeting point will be at

9.00AM at the YMCA located at the Woolwich Dockyard Estate

For cost of the trip please contact The Her Centre on the number below

**Please arrive promptly** – the coach will be leaving at 9.30AM and will be returning at 4PM.

Don't forget to bring Sun Lotion, a Hat, Towel & Plenty of Water

Here is to a wonderful day at the seaside! **Prices** are on the consent form.

Please make sure to respond to the **RSVP consent form**, to confirm your attendance.

Contact Becky for more information if needed on 07538534981 or 02032607715

No Boys & No Men OVER 15 Years.

### **Donations**

Her Centre greatly appreciates donations to help us continue our work supporting women.

Donations can be made online at

Virgin giving OR via JustTextGiving: simply text the code HERS11 plus £1, £2, £3, £4, £5 or £10 (e.g. HERS11£5) to 70070

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