

# DON'T LIVE WITH DOMESTIC ABUSE



**Does your partner or family member:**

Put you down? Ever frighten or hurt you?

Control your movements, friendships or money?

**IF SO, THIS IS DOMESTIC ABUSE.**

For support for yourself or someone else that you are concerned about call the Greenwich Domestic Violence and Abuse helpline: **020 8317 8273**.

Visit [royalgreenwich.gov.uk/domesticabuse](https://royalgreenwich.gov.uk/domesticabuse) for more information.