

NVR Parenting Programme

Her Centre now offers a programme to support mothers with children who are displaying problematic behaviours as a result of living with domestic abuse.

Our training supports mothers through:

- ◆ Providing an open, welcoming space to discuss problems, breaking the isolation and shame often felt by parents struggling with their children's behaviours.
- ◆ Encouraging an honest assessment of current parenting style.
- ◆ Teaching tools to develop parental skills and to resist a child / children's problematic behaviours without escalating the situation.
- ◆ Inspiring confidence and positivity in mother and child relationships.

Our Parenting Programme runs for 10 sessions and is absolutely free and confidential.

Start Date: 24th September 2020 from 10am - 12pm

Location: Clockhouse Community Centre
Defiance Walk, Woolwich Dockyard Estate - SE18 5QL

Contact: For more information, contact Lisa on;
020 3260 7772 or lisa@hercentre.org



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