

How I survived lockdown – Women’s Stories

Her Centre is having a **Free Online** event showing Two Films and Pictures, Stories and Art from women and their children on their experience of Lockdown:

3rd December 2020 - 11am to 12.30pm



Activities Include:

- See our film on Unlocking Hunger in Lockdown
- Hear Denise Hubble, Director of Deborah Ubee Trust Counselling Service
- Discuss looking after Well Being
- Watch our film on one Woman’s Experience
- See Art from children at the Local Refuge
- Look at photos from lockdown project Windows on the World
- Learn how to Keep Safe at home

To sign up for this online event, please email Reshma at Her Centre on;
reshma@hercentre.org



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