



Her Centre provides free and confidential advocacy, counselling, outreach, advice, and training to women in Greenwich. For more information about Her Centre services, please visit our website at www.hercentre.org or call us on **0203 260 7715**.

Joint Work with New Community Police for Women!

Her Centre have met with PC Louise Savage Knight, who is the policing lead for women who have any concerns about community safety. Louise will be speaking about her role at our AGM to explain how she works and what she offers women locally. She is keen to support our training around active bystanders – how anyone can help where they witness harassment and abuse of women in public and how to do this safely for both the victim of the abuse and for the bystander. In some cases, it is someone who you know and so can challenge directly, but generally this is about asking the victim what would be helpful to her.

More “Stand by Her” Training

Her Centre will be running another session for men only of Stand by Her, presented by Communities Inc. Our last session, run in April with 12 attendees was a huge success, leading to work between the Community Enforcement Team and Her Centre.

Her Centre also aim to run a session for women and men on the principles of being an active bystander and will also run a session just for women on being confident to ask others to step in. Too often we experience harassment and abuse in public where others are witnesses but don't intervene. We need to change this so that the abusers are the ones who feel uncomfortable and not the victims.

Women with Disabilities - Leaving Trouble Behind

Our summer event will be on how women with a disability can leave abuse, even if it is complicated where the abuser is their carer. We will have speakers from Her Centre, Sign Health, and London Vision. We will also run two workshops. More information will be out shortly but save the 29th June from 10.30 to 12 to attend this event at the YMCA, Woolwich Dockyard Estate.

Stacy Smith, CEO Her Centre

Her Centre - Spring Newsletter May 2022

Her Centre's, Annual General Meeting

HOW THE WORLD COULD BE: Prevention of Abuse, On 7th June 2022

Her Centre AGM will discuss preventing abuse and how we can all have a role in doing this!

When: Wednesday, 7th June 2022

Time: 5.30pm to 6.15pm

Venue: Clockhouse Community Centre, Defiance Walk - SE18 5QL

(Refreshments will be provided)

To register, please email **Reshma D'silva** on, Email: reshma@hercentre.org

Her Centre's, Open Forum

Women with Disabilities, Leaving trouble behind, On 29th June 2022

Are you a woman with disabilities who has struggled to leave a bad relationship? We want to hear your story and share information on services and issues at our open forum.

When: Wednesday, 29th June 2022

Time: 10.30am to 12.30pm

Venue: YMCA Thames Gateway Antelope Road Woolwich, SE18 5QG

(Lunch will be provided)

For more information and to register, please contact **Julia Ssengooba** on, Email: julia@hercentre.org

Her Centre's ESOL Classes

HER Centre offers free weekly English language classes for Non-English-speaking women.

ESOL: Tuesday 7th June 2022 for 12 weeks

ESOL, Talking Group: 8th June 2022 for 12 Weeks

No classes during School Holidays / Creche Facility Available

For more information and to register, please contact **Julia Ssengooba** on,

Tel no: 020 3260 7772 / 07960 755 191

Email: julia@hercentre.org

Her Centre Women's Group

Would you like to meet other women in the community? Would you like to learn new skills?

Would you like to share experiences and stories over a hot drink and a biscuit?

Then come and join our drop-in women's group!

Starting: 13th June 2022, 10am to 12pm

Venue: YMCA Thames Gateway Antelope Road Woolwich, SE18 5QG

For more information and to register, please contact **Julia Ssengooba** on, Email: julia@hercentre.org

Thriving Young People Programme

A Partnership of Cultural and Support Services linked to new Greenwich Youth Life Coach

The Programme Offers:

- A new Youth Live Well Coach offering social prescribing, to take up social, sports activities or specialist support.
- Her Centre support for girls who have experienced abuse, providing safety planning, learning on abuse and confidence building.
- Drama as a tool for building resilience from Tramshed, providing theatre workshops for vulnerable young people.
- Group work with boys from Little Fish Theatre, helping them to explore their own behaviour and self-image.
- Counselling for girls from Deborah Ubee Trust.

To **refer** into services please contact **Harry Wilson**, on **Harry.Wilson@cact.org.uk** or
If a girl is at high-risk contact **info@hercentre.org** for immediate support.

Weekly One Stop Shop for Women Experiencing Abuse

Her Centre runs a weekly one-to-one drop-in offering practical, emotional, and legal support to women affected by abuse.

The service is free and confidential with advisors from the Her Centre, and Solicitor Angela Simpson from Hudgell & Partners.

For DV Advice, call **Winsom** on **07538 534981**.

For Legal Advice, call **Angela** from **Hudgell & Partners** on, **0208 854 1331**.

Alternatively, you call us on **0203 260 7772** to make an appointment for advice.

For urgent advice call the Greenwich DV helpline on, 0208 317 8273.

Buses (161,177, 180, 472), DLR and Train to Woolwich

Her Centre's, IT Course for the Beginners

Her Centre will be running women's IT Class for the beginners (*Date to be Confirmed Later*)

For more information and to register, please contact **Julia Ssenooba** on, **Email: julia@hercentre.org**

Donations

Her Centre greatly appreciates donations to help us continue our work supporting women.
Donations can be made online at Local Giving Page: <https://localgiving.org/charity/hercentre/>

Like us on Facebook: <https://www.facebook.com/HerCentreGreenwich>

Follow us on Twitter: <https://twitter.com/hercentre>

Visit our Website: <http://www.hercentre.org>