



Her Centre provides free and confidential advocacy, counselling, outreach, advice, and training to women in Greenwich. For more information about Her Centre services, please visit our website at www.hercentre.org or call us on **0203 260 7715**.

Active Bystander Training Programme

Her Centre has now run three different Active Bystander training events, to raise awareness and give people the tools to challenge sexual harassment when they see it. Our first event was a 3 session Ambassador course run by Communities Inc, expert trainers in challenging harassment. This was followed by two one off sessions during the 16 days of Activism to end Violence Against Women, with a session online for men and an in-person session for women.

We will be rerunning all 3 of these over the next six months so if you are keen to attend any of these training sessions, please contact **Stacy** at stacy@hercentre.org to find out future dates.

25th Anniversary!

Her Centre is 25 years old! To celebrate we have planned an evening with a performance from partner Little Fish Theatre and a panel discussion with experts on domestic abuse, followed by lovely food and wine. This event is open to anyone who wants to support our work.

It is the 27th January from 5 to 7pm at the beautiful renovated Tramshed Theatre on General Gordon Square. Please rsvp to **Eliane** at eliane@hercentre.org to confirm your attendance.

Help for those who experience Street Abuse

Are you a woman who has been or is being harassed or stalked? Do you need help to make yourself safer? Do you want to consider taking legal action? We can help. Her Centre now has a Sexual Abuse and Stalking Advocate to support women who experience abuse from strangers or acquaintances. Our Advocate can support you with

- Safety measures including securing your home
- Legal actions against the abuser
- Court protection orders
- Support liaising with police

Please contact us for more information, at Info@hercentre.org or ring 0203 260 7772

Her Centre Health Independent Domestic Abuse Advocate

Her Centre is continuing our work to provide training to GPs in surgeries and at local hospitals and taking referrals of women they identify who are experiencing abuse. If you work in a GP surgery and have not been trained, then please contact **Davina** at davina@hercentre.org and she will follow up to set a training date with you.

Her Centre - Autumn Newsletter Dec 2022

Her Centre Young Women's Advocate

Her Centre has a young women and teenage girls Advocate who can support girls 13 to 19 years old who have experienced abuse at school, from a boyfriend or from an adult. Her work includes support to girls who have been abused through social media.

For more information or to make a referral contact info@hercentre.org.

Ex Users of Her Centre Services

We have an active user steering group that meets with key decision makers including councillors, senior officers in the police, council, and NHS, and there is a free lunch as well! Are you interested in getting involved? Meeting 4 to 6 times a year, the group has guests who explain their work and take questions, debates on issues affecting women, and links into campaigns both local and national.

If you have used, Her Centre services or Greenwich DVA services then you are eligible to apply. Please just contact Stacy to learn more on stacy@hercentre.org.

Her Centre's ESOL Classes

HER Centre offers free weekly English language classes for Non-English-speaking women.

ESOL: Tuesday 10th January 2023 for 12 weeks

ESOL - Talking Group: 11th January 2023 for 12 Weeks

No classes during School Holidays / Creche Facility Available

For more information and to register, please contact **Julia Ssengooba** on,
Tel no: 020 3260 7772 / 07960 755 191
Email: julia@hercentre.org

Her Centre's, IT Course for the Beginners

Her Centre will be running women's IT Class for the Beginners & Level 1 Course

When: On the 9th January 2023 (**Continuation / Returning**) at
Clockhouse Building, SE18 5QL - 10 am to 12 noon

For more information and to register, please contact **Julia Ssengooba** on, **020 3260 7715 / 020 3260 7772**

Her Centre's, Women's Group

Her Centre will be running women's Group

When: On the 19th January 2023 at Clockhouse Building, SE18 5QL - 10 am to 12 noon

For more information and to register, please contact **Julia Ssengooba** on, **020 3260 7715 / 020 3260 7772**

One Stop Shop for Women Experiencing Abuse (Women Only)

Her Centre runs weekly and monthly one-to-one drop-in offering practical, emotional, and legal support to women affected by abuse.

**Weekly - Location: At YMCA Community Centre - SE18 5QG
(Every Friday 10 am to 12 noon)**

The service is free and confidential with advisors from the Her Centre, and Solicitor Angela Simpson from Hudgell & Partners.

For DV Advice, call **Winsom** on **07538 534981**.

For Legal Advice, call **Angela** from **Hudgell & Partners** on, **0208 854 1331**.

Alternatively, you call us on **0203 260 7772** to make an appointment for advice.

**For urgent advice call the Greenwich DV helpline on, 0208 317 8273.
Buses (161,177, 180, 472), DLR and Train to Woolwich**

**Monthly - Location: At Middle Park Community Centre, 150 Middle Park Avenue - SE9 5SD
(Third Wednesday, Each Month from 10 am to 12 noon)**

One Stop Shop Dates for 2022 / 2023:

20th Dec 2022, 24th Jan 2023, 21st Feb 2023 & 21st Mar 2023

This service is provided by Her Centre and Adelle Banks from National Legal Service.

For further Information, please ring **Sally** on **07377 097 981** for DV Advice or Her Centre on 0203 260 7772

**Monthly - Location: At Storkway Children's Centre, Ridgebrook Road - SE3 9QX
(Second Friday, Each Month from 10 am to 12 noon)**

One Stop Shop Dates for 2022 / 2023:

13th Dec 2022, 17th Jan 2023, 14th Feb 2023, 14th Mar 2023

This service is provided by Her Centre and Adelle Banks from National Legal Service.

For further Information, please ring **Sally** on **07377 097 981** for DV Advice or Her Centre on 0203 260 7772

**Monthly - Location: Thamesmead Moorings Sociable Club, Arnott Close - SE28 8BG
(First Wednesday, Each Month from 9.30 am to 12.30 pm)**

One Stop Shop Dates for 2022 / 2023:

7th Dec 2022, 4th Jan 2023, 1st Feb 2023, 1st Mar 2023

This service is provided by Her Centre and Adelle Banks from National Legal Service.

For further Information, please ring **Angelina** on **07527 018 879** for
DV Advice or Her Centre on 0203 260 7772

Amazing Women Working Locally to Tackle Violence Against Women and Girls!



Julia Ssengooba, Development Officer at the HER Centre (*pictured, seated at the centre*)

Julia works for the HER Centre, a local organisation which supports women who've experienced domestic and sexual abuse.

“I would like to see men educated on abuse and violence and be aware of the impact it has on women. Support does not always reach where it needs to. For our own services, we have to fight for every bit of funding – there needs to be more investment made into tackling gender-based violence.”

[Article - Royal Greenwich](#) (← *Click here for more information*)

Donations

Her Centre greatly appreciates donations to help us continue our work supporting women. Donations can be made online at Local Giving Page: <https://localgiving.org/charity/hercentre/>

Like us on Facebook: <https://www.facebook.com/HerCentreGreenwich>

Follow us on Twitter: <https://twitter.com/hercentre>

Visit our Website: <http://www.hercentre.org>