



## International Women's Day

You are invited to a FREE event for International Women's day proudly hosted by the Her Centre and exclusive guest speakers. The day is designed to inspire women to connect and learn about:

### Equality For All Women



#### Activities Include:

- Hear top speakers from the Ukrainian Support Greenwich, Chair of GAD, Director of Sisters of Frida and from the Her Centre Trustee
- Meet service providers working to improve equality for women.
- Stall Holders.
- Lunch will be provided.

#### Tai Chi & Zumba Taster Session & Head & Shoulder Massage.

**Date:** 10th March 2023 at 11am - 2pm

**Location:** YMCA, Woolwich Dockyard - SE18 5QG

**Contact:** For more information, contact **Julia** on;  
**020 3260 7715** or **Julia@hercentre.org**



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