



Her Centre provides free and confidential advocacy, counselling, outreach, advice, and training to women in Greenwich. For more information about Her Centre services, please visit our website at [www.hercentre.org](http://www.hercentre.org) or call us on **0203 260 7715**.

### Her Centre AGM - Engaging more Women and Children!

Her Centre will be holding our **AGM** on the **23rd May** in Clockhouse Community Centre. Our theme this year is engaging women and children in our communities. **Councillor Ann-Marie Cousins**, Cabinet member for Community Safety, will be our keynote speaker. With our expanded equalities grant Her Centre will be working with local women to run groups that represent some key communities, including Nepalese, Somali and Tamil, and working more with METRO, with GAD and with Stay Safe East to reach lesbian and bisexual women and disabled women. Our Community Outreach Officer, **Julia Ssenooba**, will give a brief on how this work will go forward.

Our Children's Domestic Violence Advocate **Lisa Boston** will also speak on her work supporting children who grow up in families where there is abuse, and how she can support them to come to terms with their past and rebuild family relations with their non abusive parent.

There will be an update on our work for the past year and a review of our audited accounts too. We will also elect our board. All are welcome, please RSVP to **Reshma D'Silva** at [reshma@hercentre.org](mailto:reshma@hercentre.org).

If you are interested in standing for our board, please contact **Stacy Smith** at [stacy@hercentre.org](mailto:stacy@hercentre.org).

### Housing in Crisis - What are our Options?

Both **Her Centre** and **the Clockhouse Advice Hub** are seeing an increase in the number of people with housing issues, whether this is notice of eviction or a need to leave an abusive partner, or just living in a place with damp and mould making them ill. Housing demand has never been higher in London and the sale of council properties means supplies are always dwindling, regardless of new social housing developments.

Her Centre will be holding our next **Open Forum** on the **7th July** on Housing and what are your options. These are generally limited but there is help you can get if you:

- Have been served an eviction notice,
- Are in sub-standard housing,
- Are in danger where you live now,
- Have rent arrears and can't afford to pay.

Come to our event to hear speakers from Greenwich council Housing Inclusion, from our Housing Independent Domestic Abuse Advocate, from Greenwich Housing Rights and Welfare Rights, and more. To book please contact **Reshma D'Silva** at [reshma@hercentre.org](mailto:reshma@hercentre.org)

### Safer Streets Partnership goes from Strength to Strength!

Her Centre received safer streets funding from the Home Office last October, to work with women who have been sexually assaulted or stalked. Our Independent Sexual Abuse Advocate has been working with increasing referrals, working closely with specialist police and with other key agencies such as Suzy Lamplugh Trust. We have also run two partnership programmes to raise awareness and give more people skills to respond to abuse.

The first is with partner Little Fish Theatre who are running their **Embrace Programme**, on relationships for boys who are known to have issues with girls, giving them the tools to explore what they want and understand external influences that may shape their views. They are running two sessions specifically for the Safer Streets project.

The second is our training in how to be an **active bystander**, who has the confidence to challenge abuse or just intervene indirectly to help women get safe. These are run as men only sessions and women only sessions, as women have a far greater understanding through first-hand experience of daily sexual harassment. These courses are still running throughout the spring, online, and are free. If you are keen to sign up just check the dates below and contact [reshma@hercentre.org](mailto:reshma@hercentre.org) to register for the date that works for you.

#### Training Dates for Men:

- 6th April at 6 pm &
- 16th May at 11 am

#### Training Dates for Women:

- 18th April 11 am,
- 20th April at 11 am &
- 29th June at 6 pm

### Her Centre Health Independent Domestic Abuse Advocate

Her Centre is continuing our work to provide training to **GPs in surgeries** and at **local hospitals** and taking referrals of women they identify who are experiencing abuse. If you work in a GP surgery and have not been trained, then please contact **Davina** at [davina@hercentre.org](mailto:davina@hercentre.org) and she will follow up to set a training date with you.

**Training Dates:** Thursday 18th May 2023 - 11am to 2pm **(By Online)** &  
Thursday 22nd June - 11am to 2pm **(In Person)**

### Ex Users of Her Centre Services

We have relaunched our user steering group to include activities and advice. There is a free lunch as well! Are you interested in getting involved? Meeting 4 times a year, the group has guests who explain their work and take questions, debates on issues affecting women, and links into campaigns both local and national.

If you have used, Her Centre services or Greenwich DVA services then you are eligible to apply. Please just contact Stacy to learn more on [stacy@hercentre.org](mailto:stacy@hercentre.org).

### Help for those who experience Street Abuse

Are you a woman who has been or is being harassed or stalked? Do you need help to make yourself safer? Do you want to consider taking legal action? We can help. Her Centre now has a Sexual Abuse and Stalking Advocate to support women who experience abuse from strangers or acquaintances. Our Advocate can support you with

- Safety measures including securing your home
- Legal actions against the abuser
- Court protection orders
- Support liaising with police

Please contact us for more information, at [Info@hercentre.org](mailto:Info@hercentre.org) or ring **0203 260 7772**

Stacy Smith, CEO Her Centre

### Her Centre's ESOL Classes

HER Centre offers free weekly English language classes for Non-English-speaking women.

**ESOL: Tuesday 18<sup>th</sup> April 2023 for 12 Weeks**

**ESOL - Talking Group: 19<sup>th</sup> April 2023 for 12 Weeks**

No classes during School Holidays / Creche Facility Available

For more information and to register, please contact **Julia Ssengooba** on,

**Tel no: 020 3260 7772 / 07960 755 191**

**Email: [julia@hercentre.org](mailto:julia@hercentre.org)**

### Her Centre's, Confidence Building Course

Learn new skills to increase your confidence & positive attitude, reduce stress plus much more!

Available for all **women** in the Greenwich Borough. Sessions are run by a qualified professional.

**Starting: 19<sup>th</sup> April 2023 (For 4 Weeks)**

**@ YMCA Thames Gateway Antelope Road Woolwich, SE18 5QG.**

For more information and to register, please contact **Julia Ssengooba** on, **Email: [julia@hercentre.org](mailto:julia@hercentre.org)**

### Parenting Course

Her Centre now offers a programme to support mothers with children who are displaying problematic behaviours as a result of living with domestic abuse.

Our Parenting Programme runs for 4 sessions and is absolutely free and confidential.

**Starting: 20<sup>th</sup> April 2023 (For 4 Weeks)**

For more information and to register, please contact **Lisa Boston** on,

**Tel no: 020 3260 7772 or Email: [Lisa@hercentre.org](mailto:Lisa@hercentre.org)**

## One Stop Shop for Women Experiencing Abuse (Women Only)

Her Centre has expanded our One Stop Shop so that we now have a monthly session at **Thamesmead Moorings**, at **Storkway Children's Centre in Eltham** and at **Middle Park Community Centre** as well as our weekly at **YMCA in Woolwich Dockyard**. These are a drop in with a family solicitor and an Independent Domestic Abuse Advocate available to talk through any family safety concerns.

For any further information call Her Centre for DV Advice on **0203 260 7772** or alternatively, you also can email us at [info@hercentre.org](mailto:info@hercentre.org) to make an appointment for advice.

Her Centre runs weekly and monthly one-to-one drop-in offering practical, emotional, and legal support to women affected by abuse. Please see dates below.

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### Weekly - Location: **At YMCA Community Centre - SE18 5QG** (Every Friday 10 am to 12 noon)

The service is free and confidential with advisors from the Her Centre, and Solicitor Angela Simpson from Hudgell & Partners.

For DV Advice, call **Davina** on **020 3260 7772**.

For Legal Advice, call **Angela** from **Hudgell & Partners** on, **0208 854 1331**.

**Buses (161,177, 180, 472), DLR and Train to Woolwich**

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### Monthly - Location: **At Middle Park Community Centre, 150 Middle Park Avenue - SE9 5SD** (Fourth Tuesday, Each Month from 10 am to 12 noon)

#### One Stop Shop Dates for 2023:

25th April 2023, 30th May & 27th June 2023

This service is provided by **Her Centre** and **Adelle Banks** from **National Legal Service**.

For further Information, please ring **Sally** for DV Advice on **0203 260 7772**

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### Monthly - Location: **At Storkway Children's Centre, Ridgebrook Road - SE3 9QX** (Third Tuesday, Each Month from 10 am to 12 noon)

#### One Stop Shop Dates for 2023:

18<sup>th</sup> April 2023, 23<sup>rd</sup> May 2023 & 20<sup>th</sup> June 2023

This service is provided by **Her Centre** and **Adelle Banks** from **National Legal Service**.

For further Information, please ring **Sally** for DV Advice on **0203 260 7772**

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### Monthly - Location: **Thamesmead Moorings Sociable Club, Arnott Close - SE28 8BG** (First Wednesday, Each Month from 9.30 am to 12.30 pm)

#### One Stop Shop Dates for 2023:

5<sup>th</sup> April 2023, 3<sup>rd</sup> May 2023 & 7<sup>th</sup> June 2023

This service is provided by **Her Centre** and **Adelle Banks** from **National Legal Service**.

For further Information, please ring **Angelina** for DV Advice on **0203 260 7772**

**For urgent advice call the Greenwich DV helpline on, 0208 317 8273.**

## Her Centre - Spring Newsletter April 2023

### Her Centre's, Women's Group

Her Centre will be running women's Group

**When:** On the **24<sup>th</sup> April 2023** at Clockhouse Building, SE18 5QL - 10 am to 12 noon

For more information and to register, please contact **Julia Ssenooba** on, **020 3260 7715 / 020 3260 7772**

### Her Centre's, July Open Forum

Housing in Crisis, On **4<sup>th</sup> July 2023**

@ YMCA Thames Gateway Antelope Road Woolwich, SE18 5QG.

For more information and to register, please contact **Julia Ssenooba** on,  
Tel no: **020 3260 7772 / 07960 755 191** Email: [julia@hercentre.org](mailto:julia@hercentre.org)

### Her Centre's - AGM

**Our Theme this year is Engaging Women and Children in our Communities**

**When:** On **Tuesday 23<sup>rd</sup> May 2023** at 6.30pm  
(Clockhouse Community Centre, Woolwich Dockyard Estate - SE18 5QL)

For more information, please contact Her Centre on:  
Tel: **020 3260 7715 / 020 3260 7772**; Email: [reshma@hercentre.org](mailto:reshma@hercentre.org)

## Donations

Her Centre greatly appreciates donations to help us continue our work supporting women.  
Donations can be made online at Local Giving Page: <https://localgiving.org/charity/hercentre/>

Like us on Facebook: <https://www.facebook.com/HerCentreGreenwich>

Follow us on Twitter: <https://twitter.com/hercentre>

Visit our Website: <http://www.hercentre.org>