Her Centre - Summer Newsletter July 2023





"To engage, enable and empower women to move away from abuse and to move forward with their lives"

Her Centre provides free and confidential advocacy, counselling, outreach, advice, and training to women in Greenwich. For more information about Her Centre services, please visit our website at www.hercentre.org or call us on 0203 260 7715.

Her Centre Summer Open Forum a Hit!

Her Centre held an Open Forum last week on the Housing Crisis. This theme was chosen based on info from the Greenwich Advice Hubs and MP Abena Oppong Asare stating that housing enquiries are now the number one issue for local people. Our event had **Councillor Pat Slattery**, Cabinet lead for Housing, speaking on how the crisis is affecting all Londoners with limited incomes and what Greenwich are aiming to do to try to improve the situation. This includes looking at longer exemptions from right to buy (up to 50 years) on new build council housing and looking at how to use more empty properties. There were lots of questions for Pat and her council officer colleagues especially about the lack of temporary housing.

Women and children who are in priority need are now being placed in hotels as there are no private lets available. Some of these are women who have already spent 18 months in a refuge. Both Greenwich DVA and Thamesreach also spoke about their services and the support that they offer people in housing need. Over 40 people attended and there was a promise from the new Assistant Director of Housing to meet with Her Centre and GDVA to review how temporary housing options could be improved.

Thamesmead One Stop Shop Extension

Her Centre will be extending our One Stop Shop in Thamesmead so that it is weekly from mid-September. This will give a more regular service for those in Thamesmead needing family legal advice. Our annual summer survey asked about where drop in advice was most needed in the borough and Thamesmead was the most named area. Until September this One Stop Shop will continue on the first Wednesday of the month. Next session is 2nd August.

Training for Men to Support Women

Her Centre will run two more Stand By Her training sessions in July. On the 25th July the session will be from 6pm to 8pm. On the 27th July it will be from 9.30 to 11.30 AM. Both sessions are online. These are men only training sessions. To sign up please contact **Reshma** at **reshma@hercentre.org**.

New Engagement Roles for New Communities

We are recruiting for women from **BME communities** who would like to help us get local women's groups running, to share information and fun and open up women's worlds a little more.

For more info about the role and the project more generally, contact Julia at julia@hercentre.org.

Break for One Stop Shop at YMCA

Our weekly drop in at the YMCA will **CLOSE** from 28th July 2023 for August and reopen 8th September 2023.

Her Centre's ESOL Classes

HER Centre offers free weekly English language classes for Non-English-speaking women.

ESOL: Tuesday 12th September 2023 for 12 Weeks ESOL - Talking Group: 13th September 2023 for 12 Weeks

No classes during School Holidays / Creche Facility Available

For more information and to register, please contact Julia Ssengooba on, Tel no: 020 3260 7772 / 07960 755 191; Email: julia@hercentre.org

Ex Users of Her Centre Services

We have relaunched our user steering group to include activities and advice. There is a free lunch as well! Are you interested in getting involved? Meeting 4 times a year, the group has guests who explain their work and take questions, debates on issues affecting women, and links into campaigns both local and national.

If you have used Her Centre services or Greenwich DVA services then you are eligible to apply. Please just contact **Stacy** to learn more on **stacy@hercentre.org**.

Help for those who experience Street Abuse

Are you a woman who has been or is being harassed or stalked? Do you need help to make yourself safer? Do you want to consider taking legal action? We can help. Her Centre now has a Sexual Abuse and Stalking Advocate to support women who experience abuse from strangers or acquaintances. Our Advocate can support you with

- Safety measures including securing your home
- Legal actions against the abuser
- Court protection orders
- Support liaising with police

Please contact us for more information, at Info@hercentre.org or ring 0203 260 7772

Her Centre's, Women's Group

Her Centre will be running Women's Group,

When: On the 11th September 2023 at YMCA, SE18 5QG - 10 am to 12 noon

For more information and to register, please contact Julia Ssengooba on, 020 3260 7715 / 020 3260 7772

One Stop Shop for Women Experiencing Abuse (Women Only)

Her Centre has expanded our One Stop Shop so that we now have a monthly session at **Thamesmead Moorings**, at **Storkway Children's Centre in Eltham** and at **Middle Park Community Centre** as well as our weekly at **YMCA in Woolwich Dockyard**. These are a drop in with a family solicitor and an Independent Domestic Abuse Advocate available to talk through any family safety concerns.

For any further information call Her Centre for DV Advice on **0203 260 7772** or alternatively, you also can email us at **info@hercentre.org** to make an appointment for advice.

Our weekly drop in at the YMCA will CLOSE from 28th July 2023 and reopens 8th September 2023.

Her Centre runs weekly and monthly one-to-one drop-in offering practical, emotional, and legal support to women affected by abuse. Please see dates below.

Weekly - Location: At YMCA Community Centre - SE18 5QG (Every Friday 10 am to 12 noon) The service is free and confidential with advisors from the Her Centre, and Solicitor Angela Simpson from Hudgell & Partners.

For DV Advice, call **Davina** on **020 3260 7772**. For Legal Advice, call **Angela** from **Hudgell & Partners** on, **0208 854 1331**.

Buses (161,177, 180, 472), DLR and Train to Woolwich

Monthly - Location: At Middle Park Community Centre, 150 Middle Park Avenue - SE9 5SD (Fourth Tuesday, Each Month from 10 am to 12 noon)

One Stop Shop Dates for 2023: 25th July & 22nd August 2023

This service is provided by **Her Centre** and **Adelle Banks** from **National Legal Service**. For further Information, please ring **Sally** for DV Advice on **0203 260 7772**

Monthly - Location: At Storkway Children's Centre, Ridgebrook Road - SE3 9QX (Third Tuesday, Each Month from 10 am to 12 noon)

> **One Stop Shop Dates for 2023:** 18th July, 15th August & 19th September 2023

This service is provided by **Her Centre** and **Adelle Banks** from **National Legal Service**. For further Information, please ring **Sally** for DV Advice on **0203 260 7772**

Monthly - Location: Thamesmead Moorings Sociable Club, Arnott Close - SE28 8BG (First Wednesday, Each Month from 9.30 am to 12.30 pm)

> One Stop Shop Dates for 2023: 2nd August 2023

This service is provided by **Her Centre** and **Adelle Banks** from National Legal Service. For further Information, please ring **Angelina** for DV Advice on **0203 260 7772**

For urgent advice call the Greenwich DV helpline on, 0208 317 8273.

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Her Centre's Confidence Building Course

Her Centre will be running Confidence Building Course (Date to be Confirmed Later)

For more information, please contact Julia Ssengooba on, Email: julia@hercentre.org

Parenting Workshop

Her Centre will be offering a programme to support mothers with children who are displaying problematic behaviours as a result of living with domestic abuse.

Our Parenting Programme runs for 10 sessions and is absolutely free and confidential.

(Date to be Confirmed Later)

For more information, please contact Julia Ssengooba on, Email: julia@hercentre.org

Donations

Her Centre greatly appreciates donations to help us continue our work supporting women. Donations can be made online at Local Giving Page: <u>https://localgiving.org/charity/hercentre/</u>

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