



Her Centre provides free and confidential advocacy, outreach, advice, and training to women in Greenwich. For more information about Her Centre services, please visit our website at www.hercentre.org or call us on **0203 260 7715**.

16 Days of Activism

Her Centre is participating in 16 days of Activism (25th November to 10 December) by running 2 Stand by Her training sessions on 5th December, one for women and one for men, both online. Taught by Communities Inc and Northamptonshire Women's Aid, the course provides a deep dive into sexual harassment and abuse and what people can do to intervene safely. We have over 20 women signed up and 8 men. This should help to spread the message on the need to challenge harassment and give people the confidence to act.

Her Centre also provided training on Coercive Control to the Safer Neighbourhoods national programme on Hidden Crime. Over 1000 attended online for our short presentation with questions and experiences to share.

We are also attending the Sunflower Circle event on Friday the 8th.

New One Stop Shop Locations and Times

Her Centre are now running three weekly drop-in sessions with an Independent Domestic Violence Advocate and a family solicitor. As well as our established Friday drop-in at the YMCA in Woolwich Dockyard, we are running the Thamesmead session now weekly at the Moorings, and a new weekly session at St Mary Community Centre in Eltham High St. Both of these are on a Wednesday morning, and all 3 drop-in sessions are from 10am to 12noon. Women are seen on a first come, first serve basis. This has led to an increase in the women we can offer free advice to, and all three drop-in sessions are at the same time as the Advice hubs at the Moorings and St Mary's and also at Clockhouse next door to the YMCA. This means women can get help with housing, debt, benefits, and immigration as well as with family law and safety, and can use the advice hubs as cover for coming to us if they are still with an abuser.

New Communities Groups

Our Outreach and Development Coordinator has recruited 7 Community Champions to set up women's groups based around specific communities. Some are well established communities like the Caribbean Women's group, and some are from new communities like the Ukrainian women's group. Both of these are established groups, but our aim is to support the Champions to also set up groups for Nepalese, Tamil, Afghani, and Somali women. If you are interested in getting involved with any of these women's groups, please contact **Julia** at julia@hercentre.org.

Her Centre's ESOL Classes

HER Centre offers free weekly English language classes for Non-English-speaking women.

ESOL: Tuesday 9th January 2024 for 12 Weeks

ESOL - Talking Group: 10th January 2024 for 12 Weeks

No classes during School Holidays / Creche Facility Available

For more information and to register, please contact **Julia Ssengooba** on,
Tel no: **020 3260 7772 / 07960 755 191**; Email: julia@hercentre.org

Confidence Building Workshop

Learn new skills to increase your confidence & positive attitude, reduce stress plus much more through our Confidence Building Workshop.

Available for all women in the [Greenwich Borough](#).

When: In February, date to be confirmed later

To book your place and for more information, please contact **Julia Ssengooba**,
Email: julia@hercentre.org

Her Centre's Multicultural Women's Groups

Want to learn new skills and develop yourself or share your skills with others? Then come and meet women from your community.

When: Every Thursday at Clockhouse Community Centre - SE18 5QL
From 10 am to 12 noon

For more information, please contact **Julia Ssengooba**, on Tel no: **020 3260 7772 / 07960 755 191**;
Email: julia@hercentre.org

Her Centre's, Women's Group

Her Centre will be running Women's Group,

When: On the **8th January 2024** at YMCA, SE18 5QG - 10 am to 12 noon

For more information and to register, please contact **Julia Ssengooba** on, **020 3260 7715 / 020 3260 7772**
Email: julia@hercentre.org

Ex Users of Her Centre Services

We have relaunched our user steering group to include activities and advice. There is a free lunch as well! Are you interested in getting involved? Meeting 4 times a year, the group has guests who explain their work and take questions, debates on issues affecting women, and links into campaigns both local and national.

If you have used Her Centre services or Greenwich DVA services, then you are eligible to apply. Please just contact **Stacy** to learn more on stacy@hercentre.org.

One Stop Shop for Women Experiencing Abuse (Women Only)

Her Centre has expanded our One Stop Shop so that we now have a weekly session at **Thamesmead Moorings Social Club** in Thamesmead and **St. Marys Community Centre** in Eltham as well as at **YMCA** in Woolwich Dockyard. These are weekly drop-ins with a family solicitor and an Independent Domestic Abuse Advocate available to talk through any family safety concerns.

For any further information call Her Centre for DV Advice on **0203 260 7772** or alternatively, you also can email us at info@hercentre.org for further advice.

Please see below the details to our weekly one-to-one drop-in offering practical, emotional, and legal support to women affected by abuse.

Weekly - Location: **At YMCA - SE18 5QG** (Every Friday 10 am to 12 noon)

The service is free and confidential with advisors from the **Her Centre**, and Solicitor **Angela Simpson** from **Hudgell & Partners**.

For DV Advice, call **Davina** on **020 3260 7772**.

For Legal Advice, call **Angela** from **Hudgell & Partners** on, **0208 854 1331**.

Drop In will be **CLOSED** on the 22nd & 29th December 2023.

Buses (161,177, 180, 472), DLR and Train to Woolwich

Weekly - Location: **At St. Marys Community Centre, 180 Eltham High Street - SE9 1BJ** (Every Wednesday, from 10 am to 12 noon)

Drop In will be **CLOSED** on the 27th December & 3rd January 2024.

This service is provided by **Her Centre** and **Adelle Banks** from **National Legal Service**.

For further Information, please ring **Daisy** for DV Advice on **0203 260 7772**

Monthly - Location: **Thamesmead Moorings Sociable Club, Arnott Close - SE28 8BG** (Every Wednesday, from 10 am to 12 noon)

Drop In will be **CLOSED** on the 27th December & 3rd January 2024.

This service is provided by **Her Centre** and **Adelle Banks** from **National Legal Service**.

For further Information, please ring **Angelina** for DV Advice on **0203 260 7772**

For urgent advice call the Greenwich DV helpline on, 0208 317 8273.

Help for those who experience Street Abuse

Are you a woman who has been or is being harassed or stalked? Do you need help to make yourself safer? Do you want to consider taking legal action? We can help. Her Centre now has a Sexual Abuse and Stalking Advocate to support women who experience abuse from strangers or acquaintances. Our Advocate can support you with

- Safety measures including securing your home
- Legal actions against the abuser
- Court protection orders
- Support liaising with police

Please contact us for more information, at Info@hercentre.org or ring **0203 260 7772**

Donations

Her Centre greatly appreciates donations to help us continue our work supporting women.
Donations can be made online at Local Giving Page: <https://localgiving.org/charity/hercentre/>

Like us on Facebook: <https://www.facebook.com/HerCentreGreenwich>

Follow us on Twitter: <https://twitter.com/hercentre>

Visit our Website: <http://www.hercentre.org>