



## **Parenting Course**

## From 22<sup>nd</sup> February to 21<sup>st</sup> March 2024

This programme will support parents at their level of need and provide the tools and strategies that can be used to improve parenting capacity in a safe and welcoming environment.

| WEEK: 1               | $\Rightarrow$  | Positive Parenting,                  |
|-----------------------|----------------|--------------------------------------|
| Thursday 22/02/2024   | $\Rightarrow$  | Why Children behave the way they do, |
| WEEK: 2               | ]              |                                      |
| Thursday 29/02/2024   | $ \Rightarrow$ | Helping children develop,            |
| WEEK: 3               | $\Rightarrow$  | Developing good relationships,       |
| Thursday 7/02/2024    | ⇒              | Encouraging good behaviour,          |
| Thursday 7/03/2024    |                |                                      |
| WEEK 4:               | $\Rightarrow$  | Developing parenting routines and    |
| Thursday 14/03/2024   |                | plans,                               |
| WEEK: 5               | $\Rightarrow$  | Accessing further educational and    |
| Thursday 21/03/2024   |                | earning opportunities.               |
| 1 Huljuay 2 1/03/2024 |                |                                      |

For more information & registration contact, Wonuola: 0203 2607715 / Wonuola@hercentre.org

Please note that these Sessions are only for WOMEN who live, study or work in Greenwich Borough

At: Clockhouse Community Centre - SE18 5QL 10am to 12pm









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|--|---|--|
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