

FREE!



Parenting Course

From 22nd February to 21st March 2024

This programme will support parents at their level of need and provide the tools and strategies that can be used to improve parenting capacity in a safe and welcoming environment.

WEEK: 1 Thursday 22/02/2024	⇒ Positive Parenting,
WEEK: 2 Thursday 29/02/2024	⇒ Why Children behave the way they do,
WEEK: 3 Thursday 7/03/2024	⇒ Helping children develop,
WEEK 4: Thursday 14/03/2024	⇒ Developing good relationships,
WEEK: 5 Thursday 21/03/2024	⇒ Encouraging good behaviour,
	⇒ Developing parenting routines and plans,
	⇒ Accessing further educational and earning opportunities.

For more information & registration contact,
Wonuola: 0203 2607715 / Wonuola@hercentre.org
Please note that these Sessions are only for **WOMEN** who live, study or work in Greenwich Borough

At: Clockhouse Community Centre - SE18 5QL
10am to 12pm



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