Her Centre - Summer Newsletter Sep 2024





"To engage, enable and empower women to move away from abuse and to move forward with their lives"

Her Centre provides free and confidential advocacy, outreach, advice, and training to women in Greenwich. For more information about Her Centre services, please visit our website at www.hercentre.org or call us on 0203 260 7715.

Our Next Open Forum – "Young Women & Girls Real Deal"

What are they facing and how can schools support them more?

A taster training session for school staff and students as well as updates on new local youth services and lunch!

Training includes exercises on how to help recognise what is really going on, and where to refer for more support.

Speakers are Her Centre Young IDSVA, Little Fish director Alex Cooke, and other youth service providers from the MyEnd project in Greenwich.

On 21st October 2024 at 10am to 1pm. To book please contact Julia on julia@hercentre.org

Her Centre Women and Girls - Match Fund Campaign "Found My Voice - I am Bigger than the Noise"

We are excited to announce that we are just **29 DAYS** away from launching our incredible fundraising campaign!

Starting 12:00 pm on Thursday, 10th October 2024, every donation you make to Her Centre will be doubled through the Big Give's match fund. Our goal is to raise £10,000, and with your support and the Big Give's match funding, we can reach this target!

You can make donations anytime between 12:00 pm on Thursday, 10th October 2024, and 12:00 pm on Thursday, 17th October 2024.

Please help us spread the word! Share this campaign with your friends, family, and networks to help us make a lasting impact for women and girls. Your support will make all the difference!

2 Posts - Complex Needs IDSVA & Housing IDVA (Maternity Cover)

Her Centre is seeking applicants for two new posts.

- ➤ A full-time Complex Needs Domestic and Sexual Abuse Advocate.
- ➤ Housing IDVA maternity cover 6 months (Possible Extension).

Salary is £33,932 per year for 35 hours a week for Complex Needs IDSVA and is permanent. The maternity cover post is for 6 months from mid-September to mid-March but may be extended. The salary for 6 months is £16,966.

We also offer a 5% contribution pension, weekly wellbeing hour and season ticket loans.

The **Closing Date** for applications is 15th September 2024 at 5 pm, with interviews in the week of 16th of September 2024. For an application pack please contact **Reshma** at **reshma@hercentre.org**, and please state which post you are applying for.

Greenwich Survivors Steering Group

We have relaunched our User Steering Group and welcome all Her Centre service users and any women in Greenwich who have experienced abuse and want to help shape and influence local services. The group now includes activities, advice, and a free lunch!

Next meeting:

17th September at 12:00 noon at Clockhouse Café Future meeting: 18th November 2024, at 12:00 noon

If you've used Her Centre or Greenwich DVA services, you are eligible to join. The group meets four times a year, featuring guest speakers, discussions on issues affecting women, and involvement in local and national campaigns.

Interested? Contact **Stacy Smith** at **stacy@hercentre.org** for more details. All survivors are welcome - come share your voice and be part of the change!

Her Centre's ESOL Classes

HER Centre offers free weekly English language classes for Non-English-speaking women.

ESOL: Tuesday 10th September 2024 for 12 Weeks ESOL - Talking Group: 11th September 2024 for 12 Weeks

No classes during School Holidays / Creche Facility Available

For more information and to register, please contact Julia Ssengooba on, Tel no: 020 3260 7772 / 07960 755 191; Email: julia@hercentre.org

Confidence Building

Learn new skills to increase your confidence & positive attitude, reduce stress plus much more through our Confidence Building Workshop.

Available for all women in the **Greenwich Borough**.

When: From 12th September to 3rd October 2024

To book your place and for more information, please contact Julia, Email: julia@hercentre.org

Her Centre's Multicultural Women's Groups

Want to learn new skills and develop yourself or share your skills with others? Then come and meet women from your community.

When: Every Thursday at Clockhouse Community Centre - SE18 5QL From 10 am to 12 noon

For more information, please contact Julia Ssengooba, on Tel no: 020 3260 7772 / 07960 755 191; Email: julia@hercentre.org

Her Centre's, Women's Group

Her Centre will be running Women's Group,

When: Every Monday at Clockhouse Community - 10 am to 12 noon

For more information and to register, please contact Julia Ssengooba on, 020 3260 7715 / 020 3260 7772 Email: julia@hercentre.org

Essential Digital Skills

Learn Essential IT Skills for Beginners!

When: 9th September 2024 at Clockhouse Community Centre - SE18 5QL From 10.30 am to 12.30 pm

To book your place or for more information please contact Julia at 020 3260 7715 / 07960 755191 or email Julia@hercentre.org

Donations

Her Centre greatly appreciates donations to help us continue our work supporting women. Donations can be made online at Local Giving Page: <u>https://localgiving.org/charity/hercentre/</u>

> Like us on Facebook: <u>https://www.facebook.com/HerCentreGreenwich</u> Follow us on Twitter: <u>https://twitter.com/hercentre</u> Visit our Website: <u>http://www.hercentre.org</u>

One Stop Shop for Women Experiencing Abuse (Women Only)

Her Centre has expanded our One Stop Shop so that we now have a weekly session at **Thamesmead Moorings Social Club** in Thamesmead and **St. Marys Community Centre** in Eltham as well as at **Clockhouse Community Centre** in Woolwich Dockyard. These are weekly drop-ins with a family solicitor and an Independent Domestic Abuse Advocate available to talk through any family safety concerns.

> All Women Welcome - Lesbian, Straight, Bi-Sexual, and Trans. Men Experiencing Abuse Can Contact Respect at - https://www.respect.org.uk

For any further information call Her Centre for DV Advice on **0203 260 7772** or alternatively, you also can email us at **info@hercentre.org** for further advice.

Please see below the details to our weekly one-to-one drop-in offering practical, emotional, and legal support to women affected by abuse.

Weekly - Location: At Clockhouse Community Centre - SE18 5QL (Every Friday 10 am to 12 noon)

The service is free and confidential with advisors from the **Her Centre**, and Solicitor from **Hudgell & Partners**.

For DV Advice, call **020 3260 7772**. For Legal Advice, call **Hudgell & Partners** on, **0208 854 1331**.

Buses (161,177, 180, 472), DLR and Train to Woolwich

Weekly - Location: At St. Marys Community Centre, 180 Eltham High Street - SE9 1BJ (Every Wednesday, from 10 am to 12 noon)

This service is provided by **Her Centre** and from **National Legal Service**. For further Information, please ring **0203 260 7772** for DV Advice.

Weekly - Location: Thamesmead Moorings Sociable Club, Arnott Close - SE28 8BG (Every Wednesday, from 10 am to 12 noon)

This service is provided by **Her Centre** and from **National Legal Service**. For further Information, please ring **0203 260 7772** for DV Advice.

For urgent advice call the Greenwich DV helpline on, 0208 317 8273.