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Monday	Tuesday	Wednesday	Thursday	Friday
<p>10am – 12pm</p> <p>Women’s Group (Social group for women from all backgrounds).</p> <p>13/01/2025</p>	<p>10am-12pm</p> <p>ESOL (Weekly women’s only English classes for beginners).</p> <p>14/01/2025</p>	<p>10am-12pm</p> <p>Talking Group (Speaking classes to practice your spoken English).</p> <p>15/01/2025</p>	<p>10am-12pm</p> <p>Mum’s Support Group (Every First week of month) peer support group for mothers abused by their adult child).</p> <p>06/02/ 2025 - ongoing</p>	<p>10am-12pm</p> <p>One Stop Shop (A Drop in advice hub for Greenwich residents).</p> <p>Ongoing</p>
<p>10am – 12pm</p> <p>Essential Digital Skills (Free IT beginners’ course for women).</p> <p>13/01/2025</p>	<p>10am-12pm</p> <p>Therapy Group (weekly women’s only peer support group)</p> <p>07/01/2025</p>	<p>10am-12pm</p> <p>One Stop Shops Eltham & Thamesmead (two locations drop in advice hub).</p> <p>Ongoing</p>	<p>10am-12pm</p> <p>Community Group (monthly joint community group meetings – every 1st week of month).</p> <p>Ongoing</p>	